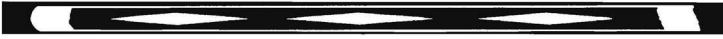


NEW MEXICO ENDODONTIC CENTER



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POST TREATMENT INSTRUCTIONS

1. Exercise caution if you should choose to eat before the numbness goes away – it's very easy to bite the inside of your mouth when it is numb.
2. The tissue and bone around the tooth may be somewhat irritated. It is not uncommon for the tooth to be tender to bite down on or for it to ache or throb some. This is usually due to inflammation in the bone area around the tooth. Medications, such as aspirin, Ibuprofen (Advil), Aleve or Tylenol, if tolerated, are ideal for relieving such discomfort. It is also common to have NO discomfort at all!
3. Occasionally, moderate to severe discomfort may occur. If medication has been prescribed, use it according to the directions. If you do not have a prescription for pain medication, and feel you need it, please call the office.
4. Some swelling is possible, please call the office if more than a slight puffiness occurs.
5. If any other problems develop, please notify the office as soon as possible.
6. Please return to your general dentist for a permanent crown or other restoration. You should avoid chewing hard foods (ice, nuts, popcorn, hard candy, etc.) until then or as instructed by your endodontist.

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