## New Mexico Endodontic Center

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## **EMERGENCY TREATMENT:**

We've made an opening in your tooth to help relieve your discomfort. It's important that this opening be kept free of food. Chew on the opposite side of your mouth and rinse vigorously (water chew) with warm salt water (1/2 tsp. salt to 8 oz. water) after eating. Should food become lodged in the opening do not attempt to remove it with a toothpick or anything that could break in the tooth.

Take medications, if necessary, as prescribed.

If pain or pressure persists or develops, please call our office

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